



100 FREE SENTENCE STARTERS

NEVER BE LOST FOR WORDS AGAIN!

The Design Cure



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Social media captions can be fun but sometimes, even when you know what you want to say, it's getting started that holds you up. Enjoy these 100 sentence starters – perfect jumping off points – for times when you are struggling to start writing! Think of it as your secret weapon for caption writing.

I hope you enjoy these ideas! If you have any questions, DM on Instagram @the_design_cure

Rachel

Sentence Starters

Did you know...	A gift that keeps on giving...	I have put off asking this...	Tag your favourite X, here's mine
It doesn't get better than this!	Friends! I want to ask...	PSA (Public Service Announcement)...	Introducing X,
This week on my radar...	Unpopular opinion incoming...	Scroll past if you...	My all time favourite X...
We've been keeping a secret!	I see you there...	The best advice I ever received about...	Massive thanks to
Do you ever find yourself...	Just in!	Is it just me or have you...	It doesn't usually happen but...

Sentence Starters

It's been a long time since...	You guessed it!...	We have had some questions lately about...	It's been a long time coming...
We have been working on something new/special...	When I was 10 I used to think...	Remember a time when...	The time is now...
Have you noticed lately...	It's the time of the year when...	Does anyone know where...	What happened to...
I have to admit...	Have you heard...	My family tradition for...	Do you struggle when it comes to...
Are you concerned by....	Did you see the...	Does it surprise and delight you as much as me when...	Once upon a time...

Sentence Starters

What's the first thing you think of when it comes to...	In our business we often see...	A friendly reminder	Remember the days of...
It's easy to ignore (insert subject) but...	The rumour is true...	Have you heard/seen/been...	The biggest myth of...
I love it when...	My favourite day of the year is...	I wonder if...	Note to self...
The trick to ...	I never liked the idea of...	I love the idea of...	My favourite way to spend the...
How many times have you told yourself...	I have been enjoying the...	I am enjoying seeing...	I know it's easy to ...

Sentence Starters

PSA - if you like X, you'll enjoy...	Saturdays (insert any day) are perfect for...	Do you/have you ever wonder/ed...	My current go-to...
Summer (insert season) days are...	My current favourite...	How do you think...	Have you ever noticed...
Today I'm wrapping up...	There is no greater...	I don't know about you but...	Have you seen the/this (insert something interesting)...
The only way to...	My favourite way to cook/eat/read (insert anything)	The best way to achieve...	My favourite way to win at ...
On reflection I would have done...	Does anyone else feel like...	If I said... would you believe me?	Let's talk about...

Sentence Starters

We communicate a lot through...	Three, two, one - GO	This week our team is...	The magic is in the details here at x...
We're trying something new this week/month...	When we started this businesses we couldn't have imagined...	There's nothing like...	A little bit of magic for your (insert day) morning...
Every small business needs a...	I thought I was finished with...	The reality of ...	I wanted to turn this into a reel/post/story so...
If you want to impress...	You all loved our latest...	Of all the productivity tips I've ever heard...	I'm in love with the idea of...
If you've ever wondered about...	I always recommend...	My favourite way to start the day/week is...	Jump on and follow these accounts...



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